CLÍNICA VIVALDI · FREE SHEET · NEURODEVELOPMENTAL

Global developmental delay

Diagnosis for children under five years of age who do not reach the expected milestones in several areas (motor, language, social, cognitive) and who cannot yet be reliably assessed. It requires follow-up and reassessment later.

COMMON SIGNS

- Late to sit, walk or talk
- Little play or interaction for their age
- Difficulties in several areas at once

TIPS FOR YOU

1. See the paediatrician and ask for early intervention as soon as possible
2. Encourage language by talking to them, reading and naming what you're doing
3. Keep a note of progress and questions to share with professionals

FOR FAMILY AND FRIENDS

1. Play and talk with them every day, even if only for a short while
2. Share what you notice with the paediatrician without waiting

WHEN TO ASK FOR HELP

1. If they lose words or skills they already had
2. If at 12 months they aren't babbling or pointing

TO OBSERVE AND NOTE DOWN

☐ Took longer than expected to sit up or walk

☐ Says fewer words than other children their age

☐ Responds little when called by name

☐ Plays little with toys or other people

☐ Finds it hard to imitate gestures or sounds

☐ Understands few simple instructions

☐ Finds it hard to use their hands to pick up small objects

☐ The paediatrician or nursery has noticed some delay

FREE RESOURCES

- Online test and tips: clinicavivaldi.com/en/trastorno/retraso-global-del-desarrollo
- Plena inclusión: intellectual disability (Spain): https://www.plenainclusion.org/
- Free guide: Childhood and youth: clinicavivaldi.com/en/guia-infancia-juventud
- In Spain: 024 suicide crisis line (24 h) · Emergencies 112