CLÍNICA VIVALDI · FREE SHEET · PERSONALITY

Antisocial personality disorder

Pattern of disregard and violation of the rights of others, impulsiveness and lack of remorse, since adolescence.

COMMON SIGNS

- Breaking rules and laws
- Deceit and impulsivity
- Lack of remorse

TIPS FOR YOU

1. Specialist intervention
2. Also treat any addictions
3. If you are experiencing violence, ask for help

FOR FAMILY AND FRIENDS

1. Set clear limits and protect yourself
2. Don't cover up the consequences for them

WHEN TO ASK FOR HELP

1. If you are experiencing violence: 016 or 112
2. If substances are being used

CHECKLIST OF WARNING SIGNS

☐ Repeatedly breaks rules or laws
☐ Lies or deceives for personal gain
☐ Is impulsive and doesn't plan
☐ Gets into fights or assaults
☐ Disregards their own and others' safety
☐ Doesn't meet their responsibilities
☐ Shows no remorse
☐ Had behaviour problems before the age of 15

FREE RESOURCES

- Online test and tips: clinicavivaldi.com/en/trastorno/trastorno-antisocial-de-la-personalidad
- 016: support for victims of gender-based violence (Spain): https://violenciagenero.igualdad.gob.es/informacionUtil/recursos/telefono016/home.htm
- Confederación SALUD MENTAL ESPAÑA (Spanish mental health confederation): https://consaludmental.org/
- In Spain: 024 suicide crisis line (24 h) · Emergencies 112