CLÍNICA VIVALDI · FREE SHEET · IMPULSE CONTROL AND CONDUCT

Conduct disorder

Persistent pattern in children or adolescents of behaviour that violates the rights of others or important norms: aggression, destruction, theft or escape.

COMMON SIGNS

- Aggression towards people or animals
- Lying, stealing or destruction
- Running away or truancy

TIPS FOR YOU

1. Early intervention with the family and school
2. Supervision and firm limits with warmth
3. See a child and adolescent psychologist

FOR FAMILY AND FRIENDS

1. Close supervision and firm limits, with warmth
2. Work as a team with the school

WHEN TO ASK FOR HELP

1. If there is violence or crime
2. If there is drug use

TO OBSERVE AND NOTE DOWN

☐ Threatens or intimidates others
☐ Starts fights
☐ Is cruel to people or animals
☐ Breaks things on purpose
☐ Lies or steals
☐ Runs away from home or skips school
☐ Shows no guilt
☐ It has been happening for more than a year

FREE RESOURCES

- Online test and tips: clinicavivaldi.com/en/trastorno/trastorno-de-conducta
- Free guide: Childhood and youth: clinicavivaldi.com/en/guia-infancia-juventud
- Fundación ANAR: help for children and teenagers (Spain): https://www.anar.org/
- In Spain: 024 suicide crisis line (24 h) · Emergencies 112