CLÍNICA VIVALDI · FREE SHEET · TRAUMA AND STRESS

Disinhibited social engagement disorder

Children with a history of neglect who relate to unfamiliar adults with excessive familiarity, without the caution expected.

COMMON SIGNS

- Goes off with strangers without hesitating
- Excessive physical or verbal familiarity
- Doesn't check back with their caregiver

TIPS FOR YOU

1. A stable bond with caregivers
2. Teach safety rules clearly
3. Specialist intervention

FOR FAMILY AND FRIENDS

1. Teach them clear, concrete safety rules
2. Be a stable, predictable figure

WHEN TO ASK FOR HELP

1. Ask for a specialist assessment
2. If safety is at risk, always supervise

CHECKLIST OF WARNING SIGNS

☐ Approaches strangers without hesitating

☐ Is very affectionate with people they don't know

☐ Would go off with a stranger without looking at their caregiver

☐ Doesn't respect physical distance with adults

☐ Has experienced neglect or changes of caregiver

☐ Doesn't look back at the adult caring for them in new places

☐ Asks strangers very personal questions

☐ This behaviour continues even when corrected

FREE RESOURCES

- Online test and tips: clinicavivaldi.com/en/trastorno/trastorno-de-relacion-social-desinhibida
- Free guide: Childhood and youth: clinicavivaldi.com/en/guia-infancia-juventud
- In Spain: 024 suicide crisis line (24 h) · Emergencies 112