CLÍNICA VIVALDI · FREE SHEET · NEURODEVELOPMENTAL

Speech sound disorder

Persistent difficulty in producing speech sounds, which causes the child to be poorly understood or which affects their communication, beyond what is expected for their age.

COMMON SIGNS

- Swaps or leaves out sounds ("tat" for "cat")
- People outside the family find them hard to understand
- Avoids speaking out of embarrassment

TIPS FOR YOU

1. See a speech therapist
2. Say the word correctly back to them without making them repeat it
3. Sound games, rhymes and songs at home

FOR FAMILY AND FRIENDS

1. Speak slowly and clearly in front of them
2. Don't make them repeat words in public

WHEN TO ASK FOR HELP

1. If at age 4 they are hard to understand
2. If they withdraw or stop talking out of embarrassment

TO OBSERVE AND NOTE DOWN

☐ Swaps some sounds for others when speaking

☐ Drops syllables or sounds from words

☐ People who don't know them find them hard to understand

☐ Some sounds always come out wrong

☐ You can tell they feel embarrassed to speak

☐ Avoids talking to new people

☐ Gets frustrated when asked to repeat

☐ Their difficulties are greater than those of other children their age

FREE RESOURCES

- Online test and tips: clinicavivaldi.com/en/trastorno/trastorno-fonologico
- Free guide: Childhood and youth: clinicavivaldi.com/en/guia-infancia-juventud
- In Spain: 024 suicide crisis line (24 h) · Emergencies 112