CLÍNICA VIVALDI · FREE SHEET · SCHIZOPHRENIA SPECTRUM AND PSYCHOSIS

Substance or drug-induced psychotic disorder

Delusions or hallucinations caused by the use or withdrawal of a substance (cannabis, cocaine, amphetamines, alcohol) or by a medication.

COMMON SIGNS

- Psychotic symptoms linked to substance use
- Paranoia or hallucinations after using
- They improve when the substance is stopped

TIPS FOR YOU

1. Seek urgent medical attention
2. Stop the substance with professional help
3. Treat the addiction to prevent new episodes

FOR FAMILY AND FRIENDS

1. Remove the substances and stay with them
2. Seek medical attention: it may be intoxication

WHEN TO ASK FOR HELP

1. If there is agitation, chest pain or confusion: 112
2. If the symptoms don't ease after stopping the substance

CHECKLIST OF WARNING SIGNS

☐ Has started hearing or seeing things after using

☐ Has become suspicious or paranoid after using

☐ Often uses cannabis, cocaine, amphetamines or alcohol

☐ Has recently started a new medication

☐ Is very agitated or frightened

☐ Isn't sleeping

☐ Says things that make no sense

☐ The symptoms appeared with use or on stopping

FREE RESOURCES

- Online test and tips: clinicavivaldi.com/en/trastorno/trastorno-psicotico-inducido-por-sustancias-o-medicamentos
- Spanish National Plan on Drugs: information and resources: https://pnsd.sanidad.gob.es/
- In Spain: 024 suicide crisis line (24 h) · Emergencies 112